

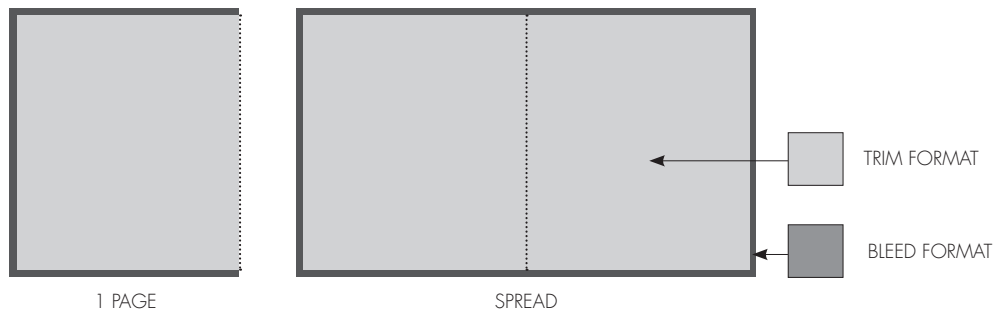
PREMIUM

Lifestyle

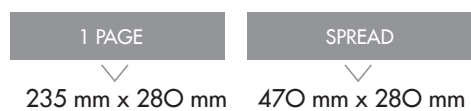
CALENDAR 2019

ISSUE ▼	THEME ▼	MATERIALS ACCEPTED BY ▼	READY FOR DISTRIBUTION ▼
Feb / March	The Xploration Issue	28 January	25 February
Apr / May	The Vibrant Issue	25 March	29 April
July / August	The Good Stories Issue	3 June	1 July
Oct / Nov	The Success Issue	9 September	7 October
Dec / Jan	The Hygge Issue	11 November	9 December

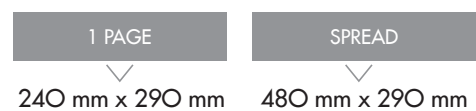
THE PRINT SPECIFICATIONS



TRIM FORMAT



BLEED FORMAT



All high-res images and fonts must be included when the file is created.
 Image mode must be **CMYK**.
 Accepted file types are **PDF** or **TIFF/EPS** between **250** and **300 dpi**.
 No **RGB** or **JPEG** images should be used.